

PURPLE

SWORD,
FULL SPARRING GEAR
Groin cup - Mouthguard
NEEDED

BELT TESTING - WHITE UNIFORM ONLY

First Name: _____ Last Name: _____ Date of Birth: _____ Age: _____

Phone #: () _____ - _____ Address: _____

Circle Your Training Location: TR / MID / MAN / FR / WLB / JA / BR / HOW / YMCA / TN / EUR / OTHER _____

Are you a Black Belt Club Member? YES _____ NO _____ Belt Size: 00 - 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 (circle one)

Special Information for the Judges _____

5 POINTS - _____

_____ White Uniform _____ Chest & Shoulder Patches
_____ Clean Uniform & Body _____ Belt tied properly

15 POINTS - _____

EQUIPMENT (SWORD &
Full Sparring Gear & Groin Cup & Mouth Guard)

20 POINTS - _____

GOLD STAR

DEEP STANCES _____

POWER _____

SPEED _____

KEIA (YELL) _____

KNOWLEDGE _____

20 POINTS - _____

TEMPLE TWO

DEEP STANCES _____

POWER _____

SPEED _____

KEIA (YELL) _____

KNOWLEDGE _____

20 POINTS - _____

SWORD #1

KNOWLEDGE _____

FOCUS _____

BALANCE _____

KI _____

10 POINTS - _____

BREAKING (PALM STRIKE)

CONCENTRATION _____ RESPECT _____

TECHNIQUE _____ KEIAS _____

FOCUS _____ POWER _____

10 POINTS - _____

MMA-GRAPPLING

DEFENSE _____ ATTACK _____ POWER _____

BALANCE _____ KEIA _____

PERFORMANCE SCORING

0 ✓ X
NEED MORE WORK GOOD EXCELLENT

TOTAL SCORE (PASSING = 70+) _____

JUDGED BY: _____

PROMOTION EXAM FEE:

APPLICATION MUST BE HANDED IN BY: _____ RECEIVED BY: _____

EXTRA CREDIT: **10 POINTS** - Tournament Event(s) Placed: _____, _____, _____, _____

EXTRA CREDIT: **10 POINTS** - Tournament Demo(s): _____, _____, _____, _____