

BLACK

BO AND SWORD NEEDED

BELT TESTING – WHITE UNIFORM ONLY

First Name: _____ Last Name: _____ Date of Birth: _____ Age: _____

Phone #: () _____ - _____ Address: _____

Circle Your Training Location: TR / MID / MAN / FR / WLB / JA / BR / HOW / YMCA / TN / EUR / OTHER _____

Are you a Black Belt Club Member? YES _____ NO _____ Belt Size: 00 – 0 – 1 – 2 – 3 – 4 – 5 – 6 – 7 (circle one)

Special Information for the Judges _____

5 POINTS - _____

_____ White Uniform _____ Chest & Shoulder Patches
_____ Clean Uniform & Body _____ Belt tied properly

10 POINTS - _____

_____ EQUIPMENT (BO & SWORD)

20 POINTS - _____

CHO DAN

SNAP _____
POWER _____
BALANCE _____
FOCUS _____
KEIAS _____
STANCES _____
CHAMBER _____
HAND POSITION _____
SPEED _____

15 POINTS - _____

**WEAPON FORM
BONG 21 COUNT**

TIMING _____
FOCUS _____
POWER _____
SPEED _____
RHYTHM _____
POSITION _____
KEIA _____

15 POINTS - _____

**WEAPON FORM
SWORD 1 & 2**

TIMING _____
FOCUS _____
POWER _____
SPEED _____
RHYTHM _____
POSITION _____
KEIA _____

15 POINTS - _____

HAPKIDO 1-5

SPEED _____
FOCUS _____
CONFIDENCE _____
BALANCE _____
DIFFICULTY _____
RHYTHM _____
TIMING _____
KEIA _____

10 POINTS **BREAKING (SPEED TECHNIQUE)**

CONCENTRATION _____ RESPECT _____
TECHNIQUE _____ KEIAS _____
FOCUS _____ POWER _____

10 POINTS - _____

KOREAN LANGUAGE

COUNT 1 TO 20 _____ THANK YOU _____
HELLO _____ GOOD BYE _____
SIT DOWN _____ STAND UP _____
BEGIN _____ STOP _____
CAREFUL _____ BE QUIET _____

PERFORMANCE SCORING

0 ✓ X
NEED MORE WORK GOOD EXCELLENT

TOTAL SCORE (PASSING = 70+) _____

JUDGED BY: _____

PROMOTION EXAM FEE:

APPLICATION MUST BE HANDED IN BY: _____ RECEIVED BY: _____

EXTRA CREDIT: **10 POINTS** – Tournament Event(s) Placed: _____, _____, _____, _____

EXTRA CREDIT: **10 POINTS** – Tournament Demo(s): _____, _____, _____, _____